

lachele

AESTHETICS & WELLNESS

Microneedling Pre Treatment Instructions

Sun exposure must be avoided in the treated area for at least 2 weeks prior to your appointment. Do not use self tanners during this time, **including spray tans, tanning lotions, tanning beds,** or other artificial tanning methods. Natural or artificial tans can affect your results after treatment.

Please **STOP** the following cosmetic products **72 hours before treatment: Retin-A, Tretinoin, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid, Hydroquinone, exfoliation or any retinol product.**

Please arrive to treatment with **clean skin, free of makeup and other products.** Also, **remove all jewelry or piercings from the treatment area(s).**

No Accutane (Isotretinoin) within the last 6 months.

Topical anesthetics such as lidocaine may be used for your treatment; therefore, please alert your provider of any allergies to topical anesthetics.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694.

You can also email us at team@lachele.com